

		Aerobic Studio		Spinning Studio	
MAANDAG	09:15 - 10:05	Bodypump	09:00 - 09:50	RPM	
	10:30 - 11:20	Bodybalance	18:00 - 18:50	RPM	
	18:15 - 19:05	Bodypump	20:00 - 20:50	RPM	
	19:30 - 20:20	Zumba			
	20:45 - 21:35	Yoga			
DINSDAG	09:15 - 10:05	Yoga	09:00 - 09:50	RPM	
	10:30 - 11:20	Pilates	19:00 - 18:50	RPM	
	18:15 - 19:05	Bodypump			
	19:30 - 20:20	Shapeburn			
	20:45 - 21:35	Body Balance			
WOENSDAG	09:15 - 10:05	Shapeburn	09:00 - 09:50	RPM	
	10:30 - 11:20	Yoga	18:00 - 18:50	RPM	
	18:15 - 19:05	Zumba			
	19:30 - 20:20	Bodypump			
	20:45 - 21:35	Yoga			
DONDERDAG	09:15 - 10:05	Salsation	18:00 - 19:05	RPM	
	10:30 - 11:20	Yoga			
	18:15 - 19:05	Bodycombat			
	19:30 - 20:20	Bodypump			
VRIJDAG	09:15 - 10:05	Bodypump	09:00 - 09:50	RPM	
	10:30 - 11:20	Bodybalance			
ZATERDAG	09:15 - 10:05	Salsation	09:30 - 10:20	RPM	
	10:30 - 11:20	Bodypump			
	11:45 - 12:35	Bodycombat			
	13:00 - 13:50	Pilates			
ZONDAG	09:15 - 10:05	Zumba	09:30 - 10:20	RPM	
	10:30 - 11:20	Bodypump			
	11:45 - 12:35	Bodybalance			